10/11/15 PRAYER	Please Pray for:
If you are visiting and/or have a prayer request, be sure to fill out, tear off and place the perforated section in the offer- ing plate! Take this opportunity to make specific prayer requests known to our prayer warriors! Name:	<ul> <li>Pain relief and healing for to repair the tendon in h</li> <li>Alex Kirby while he is tr World Race missions tri</li> <li>Peace and quality of lifest</li> <li>Progression and pain rel therapy to regain use of</li> </ul>
<ul> <li>I would like my request kept confidential</li> <li>I would like my request shared with a prayer team</li> <li>Request:</li> </ul>	NEXT SUNDAY 10/18 9:00 a.m. Fellowship T 9:15 a.m. Sunday School 10:30 a.m. Worship Serv Connection Groups & K
ı 	YTD Budget: \$246,915.20 YTD Income: \$239,846.93
	Just a reminder to those ser Baker ~ Angie DeVries Cup of Grace Server ~ Eri Greeters ~ Jerry & Bev Sw Welcome/Info Center ~ K Scripture Reading ~ Sherry Offertory Prayer ~ Ron H Ushers ~ Steve & Sherry E Nursery ~ Cindy Beenken Children's Church ~ Arro GCC mower beginning we

GCC Monthly Prayer Guides are available at the Information Center! \$10 suggested donation.

- or Jolene Philo as she had surgery on Thursday her left thumb.
- raveling to 11 countries in 11 months for the ip!
- for John Verkade, dad of Geoff.
- lief for **Rita Knight** as she continues physical the arm that she broke.
- ime (coffee & treats)
- ol for ALL Ages!
- vice
- (id's Connection!

rving next week at Grace . . . ik Prazak wore, DeeAnna Bechtel Kaylynne Christenson y Erb ~ II Corinthians 8:1-9 linds Erb, Rod Thompson n, Randy & Lindsay Cox, Alice & Lila Smith wood, Grout ~ Lesson 11 eek of 10/11 ~ Rod Thompson

"For you know the grace of our Lord Jesus Christ, that though he was rich yet for your sake he became poor, so that you through his poverty might	FIGHTER VERSE	For the week of October 18, 2015
yet for your sake he became poor, so that you through his poverty might	"For you know the grace of OU	ur Lord Jesus Christ, that though he was rich,
i become rich " II Corinthians 8	yet for your sake he became po	oor, so that you through his poverty might
	become rich."	II Corinthians 8:9

# GRACE

Community Church



We exist to glorify God By seeking Christ Who is our life, And by proclaiming His saving grace.

Grace Community Church is affiliated with the Baptist Convention of Iowa

#### Healing for Damaged Emotions- Introduction Part II October 11, 2015 Speaker: Pastor Tim Trudeau

Definition: Emotions are the soul's response to our evaluation of our

circumstances, based on our training, past experiences (memories), maturity, and beliefs, which may or may not be accompanied by external feelings.

## Ten Guiding Principles

## I. Emotions are God's Design for Our Good

- 2. Emotions are Not Neutral
- 3. God Designed Us with an Integrated Mind & Soul
- 4. Negative Emotions Speak to Us About Ourselves
- 5. We Can be Healed of the Inner Root of Negative Emotions

6. Healing comes through the \_\_\_\_\_

- 7. What We Governs How We Feel- Romans 12:2, 8:5-6, Philippians 4:8, Colossians 3:2, Proverbs 23:7
- 8. \_\_\_\_\_ Thoughts Produce Godly Emotions- John 8:32, Eph. 4:22-24, Acts 5:40-41, Romans 5:3-5, James 1:2-3

9. Godly Emotions are Meant to be \_\_\_\_\_-Psalm 130:7, Matt. 22:37, Philippians 4:4, Colossians 3:15

10. Sum: Emotionally healthy people have learned from their unhealthy emotions, been transformed by the Gospel, and revel in the healthy emotions that evidence their healed, healthy inner state

## Extended Illustration: Lamentation 3:1-26

Three Steps to Finding Hope in the Darkness:

Α	Into the Darkness- vs	. 18-20

B. Look \_\_\_\_\_\_ from the Darkness- vs. 19-23, Job 13:15

C. Out of the Darkness- Vs. 24-26

## TODAY

- If You Are Visiting Grace Community Church for the first time, we are so glad you are worshipping with us!
- Please fill out a visitor information card and either place it in the offering basket or drop it off at the Information Center.
- Children's Activity Bags are available near the double entry doors!
- **Children's Church** following the scripture reading. This is a special worship service for our children which includes music, teaching, activities, and an offering, with the funds going to Operation Christmas Child! To help prevent distractions, please leave toys and phones with parents/guardians.
- Operation Christmas Child boxes & brochures are 🚟 🖗 Boy 🧭 available in the Courtyard! Start shopping NOW as *boxes will be due November* 15

- Elder Meeting following the worship service.
- Habitat for Humanity house dedication! 1:30 p.m. at 205 17th St.

## THIS WEEK

### Men's Prayer Time Wednesday morning at $6:00 \sim 122$ Marshall Street, Trudeau's home

- **IGNITE youth group!** Wednesday evening Middle School 6-8:00 High School 7:45-9:30 Fuel Cells small group Bible Studies Wednesday evening High School 6:30-7:45 Middle School 8-9:00
- Stephen Ministry Training (For those currently enrolled in the class) Thursday evening reading assignment: Distinctively Christian Caring, SMTM 63-76, Intro through Ch 3 in Speaking the Truth in Love, Bring Christian Caregiving - A Way of Life and your Bible
- Women's Study ~ <u>Suffering and the Sovereignty of God</u> Friday morning at 10:00 in the GCC Library Saturday morning at 9:00 at 327 Sunrise Street, Deb Todd's home
- Men's Bible Study Saturday morning at 8:00 ~ GCC Library

## **CELEBRATING THIS WEEK!**

Happy Birthday: 10/11 – Sherry Erb, Nicole Roberts; 10/12 - John Breon, Perry Byriel; 10/13 - Emma Moorman, Chris Myers; 10/14 - Sam Byriel, 10/15 - Amelia Verkade, Joseph Walker; 10/17 - Robin Smith Happy Anniversary: 10/11 - Kevin & Kim Roberts; 10/17 - Tim & Stephanie McGlynn



October is Pastor Appreciation Month. Your prayers for Pastor Tim and Joel are the most valuable gifts you can offer! See pages 6-7 in the October Newsletter on "How to Pray for Your Pastor'. Also, prayer calendars are available at the Information Center: Prayer for the Pastor and 31 Days of Prayer for Pastor Tim & Cari and Pastor Joel & Tracy!

We as a church family are again participating in Operation Christmas Child. We collected 127 boxes last year so let's set a new goal of 150 this year! Grab a box or two and have fun filling them.

### Reminders:

- Include \$7 per box to cover shipping.
- You may follow your boxes by donating online.
- Try to include a personal note and photo.
- NEW this year: Hobby Lobby stores have OCC shopping displays.
- Boxes are due back to GCC by Sunday, November 15.

Hey! Hope you all are doing well! Things are wrapping up here in China! We went to the Great Wall, the forbidden city, the temple of heaven (where they worshipped the sky in ancient times), the summer palace (the emperor's lake house), and Huo Hai lake (the prince's lake **House...yes the emperor's son had his own lake). It's crazy to think** we are headed to Mongolia in about 6 hours for the start of month two. Even with all the site seeing we did, our month here has been challenging to say the least.

When we arrived in Beijing we were told that we are not allowed to preach or talk to people about Jesus in the village (which is named Qingyundian, pronounced "ching-yun-deon") because China is a "closed" country. Meaning that Christianity is basically illegal and in some places heavily persecuted. **As foreigners we can believe in Jesus but we can't** proclaim it. They wont let you into the country with the sole purpose of being a missionary. We had rules to follow as well for just being in public. We couldn't go into town with groups larger than 6 people( for fear that it would draw a crowd ), we couldn't take pictures or record the village, and the only ministry we could do was at our ministry site New Day Creations.

New Day Creations is a foster home that takes in orphaned children from all over China that were abandoned because of physical deformity, disease or both. Their goal is to heal these children, give them the medical and emotional care that they need and ultimately find them a home. However, in the Chinese foster care system they are only eligible for adoption until the age of 14 and many never get adopted. A few of my squad mates worked in the foster home, while the rest of us worked with the kids of the volunteers who work here and local homeschoolers tutoring them and also helping with the preschool that they run here as well. It was very frustrating at first. A lot of us felt like we were babysitting. We had expectations of going and preaching to the people, being on the front lines of a spiritual battle for the hearts of the people of China.

But we weren't. God had other plans. While we were working here at New Day God opened our eyes to many things. One of them being the power of prayer. Prayer has been and will be our most powerful tool. When we can't move, the Spirit can. Every morning we prayed for the village, for its people, for the country, and for the government. In our time here we have seen that seeds are being planted. We have witnessed the movement of the Spirit. We all have felt that this place is ripe and ready for harvest. And it is our payer that the Lords workers continue to come to plant and sow. to further the Lords kingdom.

Miss and love you all, Alex Kirby